

Goodman's Field Medical Practice

Patient Engagement Event- Friday 27th October 2023

Looking after our communities' Men's health

Men's Health, is an area that Dr Khizar Khan-Mahmood is leading on and is very passionate about. He started his men's health clinics in February 2023 after joining the Goodman's Field team in January 2023.

During these clinics, Dr Khizar managed to see around 91 patients.

The purpose of these clinics is to make men aware of prostate cancer and the signs and symptoms so that we can help prevent late diagnosis and early intervention.

Working alongside Dr Khizar, the Goodman's team arranged a Men's Health Event, which took place on the 27th October 2023; to raise awareness around prostate cancer, erectile dysfunction, sexuality and sexual health.

To support us we had colleagues from the Sexual Health team, Ambrose King Sexual Health Centre and a colleague from Community Links; who provided information on cancer related issues.

We invited our male patients from the age of 30 years and had an amazing turnout of around 60 patients of which 46 patients were able to book an appointment with Dr Khizar for a follow up physical examination.

Zahidur Rahman, Assistant Practice Manager said: "This event was a really good way to raise awareness. Patients were able to discuss sensitive topics with professionals without feeling embarrassed or uncomfortable".

Dr Khizar, Men's Health Lead said: "The men's health event, allowed men to discuss their health concerns. From prostate cancer to erectile dysfunction to sexuality to sexual health. We have picked up prostate cancers, improved relationships, educated and literally saved lives in the community. We have made a real difference to our patients".

We were happy to see so many people attend the event and look forward to our opening our doors to the local community at our next event.